

Health Risk Assessment (HRA)

Frequently Asked Questions

Q. What is the Employee HRA Program?

A. It is a program for employees and spouses who are enrolled or plan to enroll in the ProHealth-Aetna medical plans. The HRA Includes height, weight, blood pressure, fasting lipid profile, glucose, nicotine, online registration & survey.

Q. Do I have to complete the HRA program?

A. No. It is optional for those employees who are enrolled in our Aetna insurance. If you want to receive the discounted Aetna rate for 2019 you must complete and have a negative nicotine test.

Q. Will I get my discounted insurance rate if I participate?

A. To qualify for the 2019 Aetna premium discount, you must complete the HRA process and have a negative nicotine. If your spouse is covered under your Aetna plan, you both must complete the process and you both must have a negative nicotine to qualify.

Q. When can I fill out the online registration, survey & make my appointment in OneCommunity?

A. The OneCommunity Program for the 2018-2019 year will be available on 10/15/18.

Q. Can I just walk in without making an appointment or doing the online survey?

A. **NO, you must complete the online survey and make an appointment online.** If a conflict presents with your scheduled appointment, please go online in OneCommunity to reschedule.

Q. What if the day or time I need is full on the schedule?

A. The schedule in OC closes automatically 48 hours prior to each testing date. If you need a special time or date you will want to do the online survey and make your appointment as soon as the program opens on 10/15/18.

Q. Why does it close 48 hours prior to the appointment date?

A. This allows time for labs to be ordered and all paperwork generated.

Q. How do I do the online survey & make an appointment?

A. Did you participate in the past? If yes, under “welcome back” enter the email and password you used previously. If you are new to OneCommunity and did not participate in the past, click on “Click here to get started” to the right in the green box.

Q. What if I forgot the email address I used or have a new email address?

A. Contact EmployeeWellness@phci.org or call 262-928-5937 for assistance.

Q. What is the Invitation Code for this year?

A. prohealth2018

Q. Can my spouse and dependent children get a flu shot when they come in for their HRA?

A. Yes. Spouses and dependents above age 6 can receive a flu shot at the HRA clinics. They must present their insurance card at the time of the visit. We will bill insurance.

Q. What if I had recent labs through my physician's office?

A. If you have had the required labs and biometrics done with your doctor after January 1, 2018, you may either sign the **"Authorization for Release of Medical Information"** form for Employee Health to get those results out of your ProHealth EPIC Chart or have your physician's office fill out the **"Release & Biometric Profile"** form and have them return it to Employee Health & Wellness clinic listed on the form. You **MUST** still complete the online process and make an appointment for the HRA to go in for your nicotine testing.

Q. Where are instructions and forms located for the HRA?

A. ProNews will have all of the details and links for forms and instructions. You may also find the information and links on the Employee Health page, on the Inet under the Departments & Services tab.

Q. Who should I contact if I have questions regarding the OneCommunity program or the HRA program?

A. You may Email EmployeeWellness@phci.org or call Employee Health & Wellness at 262-928-5937.

Q. I did this when I was hired this year, do I need to do it again?

A. If you had the HRA done July 1, 2018 or after, this will satisfy the requirement for 2019. If you had the HRA June 30, 2018 or before, you must complete the entire process during the fall program.

Q. Can I just have this done in Employee Health & Wellness instead of going to the HRA dates on the calendar?

A. NO. If this is your annual HRA, you must complete during the annual HRA scheduled calendar dates. Employee Health & Wellness is reserved for new hires or change of status employees.